

# Runnels School Over-the-Counter Medication Physician's Orders

17255 South Harrell's Ferry Road

Baton Rouge, LA 70816

[www.runnelsstar.com](http://www.runnelsstar.com)

Phone: 756-5837 Fax: Elementary - 753-0276, High School - 215-5705

Student's Name \_\_\_\_\_ DOB \_\_\_\_\_ Grade \_\_\_\_\_

Weight: \_\_\_\_\_ Height: \_\_\_\_\_ Allergies: \_\_\_\_\_

The following over-the-counter medications are available for students during school hours for the **current school year**. Administration of the following medications must be approved by the student's medical doctor. **This form must be completed, signed, and dated by a licensed physician.** Parent or legal guardian must sign and date form as well.

**Please check all that apply:** **PRESCHOOL- 12th GRADE**

- Acetaminophen** (Tylenol)  
10-15 mg/kg po every 4 hours prn for temperature  $\geq$  101; pain/discomfort

---

- Ibuprofen** (Motrin/Advil)  
10 mg/kg po every 6 hours prn for musculoskeletal injury; pain; fever

---

- Oral Benadryl** (diphenhydramine hydrochloride)  
1mg/kg po every 6 hours prn for severe itching, hives, moderate to severe allergic reaction

---

- Topical Antibiotic Ointment** (Polysporin)  
Apply to affected area with dressing change prn to prevent wound infection

---

- Topical Benadryl cream/gel**  
Apply to affected area every 4-6 hours prn for temporary relief of itching from insect bites, skin irritations, and rashes due to poison ivy, oak, or sumac.

---

- Topical Hydrocortisone 1%**  
Apply to affected area every 4-6 hours prn for temporary relief of minor skin irritations due to rash, insect bites, etc.

---

## GRADES 7 – 12 ONLY

- Midol or Midol generic-Teen Formula** (12 years of age and older)  
325 - 500 mg Acetaminophen and 25mg Pamabrom (diuretic)  
2 Tablets po every 6 hours prn for menstrual cramps

---

- Naproxen Sodium (Aleve)** (12 years of age and older)  
220 mg, 1 Caplet po every 8-12 hours prn for menstrual cramps, muscular aches

---

- TUMS (Calcium Carbonate)** (12 years of age and older)  
2 Chewable Tablets prn for indigestion, heartburn

---

- Cough Drops** (cough suppressant/oral anesthetic) (12 years of age and older)  
Sugar-free 6.1 mg Menthol per drop or 8 mg Menthol per drop  
1 Cough Drop every 2 hours prn

---

Physician's Printed Name \_\_\_\_\_ Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

Physician's Office Phone # \_\_\_\_\_

I understand and agree that Runnels School and its employees are not responsible for any unintentional mistakes in keeping and giving my child medication. I agree to hold Runnels School free and harmless of liability from injuries that might occur as a result of the administration of medications by school employees.

Parent/Legal Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_